



Pyramid Pages

News & Tools for Parents & Early Childhood Providers

TOPIC: Transitioning Between Place and Activities

This monthly newsletter from OEC highlights basic Pyramid Model tips, tools, and resources that promote healthy social and emotional development in young children.



Click to Read:

[How to Help Your Child Transition Smoothly Between Places and Activities](#)

News

Change can be overwhelming for your child, and children often act out with challenging behavior when they feel unable to control their routine. Children make many transitions each day—such as from home to car, or from play time to the dinner table. When you help your child prepare for transitions you are helping them learn a valuable skill.

Tools

Visual supports can help children learn new skills and prevent challenging behavior.

Visuals help young children learn and follow routines by helping them understand “now” and what is going to happen “next”.



Click to Read:

[Visual Supports for Routines, Schedules, and Transitions](#)

Resources

- Making life easier running errands:

<https://challengingbehavior.org/document/making-life-easier-running-errands/>

- Using a visual classroom schedule with Preschoolers: <https://www.youtube.com/watch?v=7I25mxV69yY>
- Check out more ideas: [Supportive Environments](#)
- For more information, email us at CTPyramid@gmail.com.

